

December 2025



'Under the Big Top' Red Tie Gala was a great success

The Red Tie Gala truly was the greatest show – all thanks to our supporters! We loved seeing everyone in their best circus-themed attire – from Ringmasters to snake tamers to circus performers. Many danced the night away until it was closing time to the wonderful Signed Sealed Delivered live band. And special congratulations to all the silent and live auction winners!

The gala raised over \$275,000 this year. That ripple effect reaches far and wide! These contributions ensure North Texans with cancer,

and their families, have access to mental health and social support services at no cost. Together, we take the scary out of cancer and help people impacted by this disease thrive.

A special thanks goes to the gala sponsors, including Presenting Sponsor Woot!, for their generous gifts and dedication to our mission.

We hope to see you at next year's gala on November 14, 2026! Stay tuned to our social media and email for this year's gala photos.



December Event Highlights

Tarrant County Member Holiday Lunch Chuy's Restaurant (address shared with registrants) Wednesday, December 3, 12:00 - 1:30 pm

Holiday Party/ Fiesta de Fin de Año Dallas Clubhouse

Friday, December 12 / Viernes 12 de diciembre 5:30 - 7:00 pm

LUNGevity Lunch and Learn Dallas Clubhouse

Thursday, December 4, 11:00 am - 2:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



We celebrated Día de los Muertos/Day of the Dead with an ofrenda/altar honoring loved ones, face painting and a meal.



Sending our gratitude to the Primrose School of Westlake at Entrada for donating Thanksgiving meal bags for our members. Their support over multiple years means so much!

A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because **Community is Stronger than Cancer.**

Holiday Season Giving

In 2025, we focused on the **power of the ripple effect**, which goes far and wide and can make an enormous impact on those in our community.

Since January, we've had almost 4,000 participant visits to our programs, conducted over 185 individual counseling sessions, added 3 new groups to our 17 other impactful support and networking groups, and more!

You can help this ripple effect go even further this holiday season and beyond 2025 by supporting those affected by cancer in North Texas. Visit our donation page here to make a year-end gift.

Your gift will directly support our mission and services, which are all offered at no cost to our members. Thanks for your support!

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

December >



Dallas County

Scan the QR code to learn more about our events and to register



8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230 Hours: Monday - Friday, 9:00-5:00 pm with select evenings and Saturdays

Monday		Tuesday	Wednesday		Thursday	Friday	Saturday
Living with Loss Support Group 6:00 - 8:00 pm	Sui	ving with Cancer apport Group 00 - 8:00 pm			LUNGevity Lunch and Learn 11:00 am - 2:00 pm	24 Form Tai Chi with Jim 10:00 - 11:00 am	Closed
	Suj 6:0 Life Suj	ving with Cancer pport Group:00 - 8:00 pm fe After Treatment apport Group 00 - 8:00 pm		10	Teatime at the Red Door 11:00 am - 12:00 pm Art Workshop with Jane: Loom Knitting 1:00 - 3:00 pm	24 Form Tai Chi with Jim 10:00 - 11:00 am Creating Peace of Mind 11:00 am - 12:00 pm Holiday Party 5:30 - 7:00 pm	Closed
Closed	5	16 Closed	Closed	17	18 Closed	19 Closed	Closed
Closed	2	Closed	Closed	24	Closed	Closed	27 Closed
Closed	9	Closed	Closed	31	Happy Holidal	What's Coming Up: Cancer and Teen Su Special Thanks: Tar Ginger Benedict, Jei Julia Anderson, Jim Jane Cornish Smith	nnifer Miller, Williams,







Scan the QR code to learn more about our events and to register



All events below will be hosted virtually on Zoom

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm	Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	Living with Cancer Support Group 6:00 - 8:00 pm	Qigong with Emily 1:00 - 2:00 pm	5	6 Closed
Blood Cancer Networking 8 Group 6:00 - 7:30 pm Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Friends and Family Support Group 6:00 - 8:00 pm	Write to Heal 2:00 - 4:00 pm Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	Living with Cancer Support Group 6:00 - 8:00 pm	Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm	12	Breast Cancer Networking Group 10:00 - 11:30 am
Closed	Closed	17 Closed	18 Closed	Closed	Closed
Closed	Closed	24 Closed	25 Closed	Closed	27 Closed
Closed	30 Closed	Closed	Happy	transportation Special Thanks	g Up: Virtual DART presentation January 23 s: Emily Atlas, Rajani rcia, Ron Smith and arret

Offsite Programs in Collin and Tarrant counties

December



Scan the QR code to learn more about our events and to register



Specific addresses for each support group will be shared with group members.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Collin County Living with Advanced Cancer Support Group 1:00 - 3:00 pm	2	Tarrant County Member Holiday Lunch 12:00 - 1:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	4	5	Closed
Collin County Living with Advanced Cancer Support Group 1:00 - 3:00 pm	9	Breast Cancer Networking Collin County 1:00 - 2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	12	Tarrant County Breast Cancer Networking Group 10:00 - 11:30 am
Closed	Closed	17 Closed	18 Closed	Closed	Closed
Closed	Closed	Closed	Closed	26 Closed	27 Closed
Closed	Closed	Closed	Hap	by Hol	idays

Diciembre



Escanea el código QR para conocer más sobre nuestros eventos y registrarte



8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Teléfono: (214) 345-8230 Horario: lunes a viernes, de 9:00 a 5:00 p. m. con noches selectas y sábados

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	Grupo Amigos Unidos - Transicion en Zoom 6:00 - 6:30 pm	4	5	6 Cerrado
8	Yoga suave para el alma 6:00 - 7:00 pm Virtual	10	Qigong con Emily 1:00 - 2:00 pm Virtual	Fiesta de Fin de Año/Holiday Party 5:30 - 7:00 pm	13 Cerrado
15 Cerrado	16 Cerrado	17 Cerrado	18 Cerrado	19 Cerrado	20 Cerrado
Cerrado	Cerrado	24 Cerrado	25 Cerrado	26 Cerrado	27 Cerrado
29 Cerrado	Cerrado	Cerrado	* * * Plis * O'elis - * A'no - Nuev	Jennifer MilleJim Williams,	to especial: Ginger Benedict, r, Julia Anderson, Jane Cornish Smith