

July 2025



Our Family Game Day featured fun indoor and outdoor activities.

Grandfather + grandson rely on Changemakers

Ken Allen's grandson Elijah endearingly calls Cancer Support Community North Texas the "pot pie place."

A social event at our clubhouse where everyone brought their favorite pie – Elijah's being the pot pie – left an impact on him. "At CSCNT, I can laugh and have a great time with my grandson," says Ken, who has lung cancer. "It takes our mind off of our personal struggles."

Elijah also participates in CSCNT's Noogieland children's activities, including a memorable visit of fire trucks at the clubhouse. Ken is active in the [Plano Living with Advanced Cancer support group](#) and has done yoga, art workshops and more at CSCNT.

Ken knows how difficult it can be for fellow men to seek out help. "As men, when we start the support group, we

realize it's not as scary as we think," he says. "We learn how to deal with cancer and not sit behind a TV isolated and worrying. CSCNT is very important to me."

Ken and Elijah's essential support services wouldn't be possible without the consistent funding from Changemakers, our monthly giving community. Knowing what gifts we can rely on each month helps CSCNT better prepare for future needs of North Texans with cancer and their families.

[Becoming a Changemaker](#) is easy! Simply [visit the donate page](#) and check the "make my donation recurring" box. With just a few clicks, you can make a lasting impact on the lives of so many. By joining, you are investing in a future where no one feels alone in their fight against cancer.

July Event Highlights

Noogie Kids Open Play Dallas Clubhouse

Various dates in July. See calendar.

Member BBQ Dallas Clubhouse

Saturday, July 19, 12:00 - 1:30 pm

Bereavement Workshop Dallas Clubhouse

Fridays, July 11 and 25, 2:00 - 4:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



Ken Allen and his grandson Elijah are featured on the first page.



We created beautiful flower arrangements at the first Crafty Thursdays with Nishi.

A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because **Community is Stronger than Cancer.**

Red Tie Gala

Learn more about the greatest show in DFW - the 2025 Red Tie Gala on November 15 - including how to become a sponsor and purchase tickets - on our [website here](#).

This is our largest fundraising event to provide critical mental health and social support for North Texans with cancer and their families.

Join us under the Big Top! Elevated circus theme dress-up, red carpet experience, fine-dining stations, unique new auction packages and fantastic entertainment guarantee a great evening.

Many thanks to our returning Presenting Sponsor Woot!

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

1

Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



2

Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

July

CancerSupportTexas.org

8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230
Hours: Monday - Friday, 9:00-5:00 pm with select evenings and Saturdays



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learn more about our
events and to register



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Bingo and Mingle 1:00-2:30 pm Noogie Kids Open Play 2:30-4:30 pm Volunteer Orientation 5:00-5:45 pm Living with Cancer Support Group 6:00-8:00 pm	Noogie Kids Open Play 2:30-4:30 pm	Crafty Thursday with Nishi 1:00-3:00 pm	Closed 	Closed
Living with Loss Support Group 6:00-8:00 pm	Noogie Open Play 2:30-4:30 pm Member Interest Meeting 5:15-6:00 pm Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	Yoga, Breath, & Sound with Jenn* 3:00-4:00 pm	Teatime at the Red Door 11:00 am - 12:00 pm Game Time! 12:00-2:00 pm	24 Form Tai Chi with Jim 10:00-11:00 am Bereavement Workshop 2:00-4:00 pm	Closed
	Bingo and Mingle 1:00-2:30 pm Noogie Kids Open Play 2:30-4:30 pm Living with Cancer Support Group 6:30-8:00 pm	Noogie Kids Open Play 2:30-4:30 pm	Crafty Thursday with Nishi 1:00-3:00 pm	24 Form Tai Chi with Jim 10:00-11:00 am Noogie Kids Open Play 10:00 am - 12:00 pm Creating Peace of Mind 11:00 am - 12:00 pm	Member BBQ 12:00-1:30 pm
Open Art Session 1:30-3:30 pm Living with Loss Support Group 6:00-8:00 pm	Noogie Kids Open Play 2:30-4:30 pm Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	Noogie Kids Open Play 2:30-4:30 pm Gynecologic Cancer Networking Group 6:00-7:30 pm		Bereavement Workshop 2:00-4:00 pm	Closed
	Bingo and Mingle 1:00-2:30 pm Noogie Kids Open Play 2:30-4:30 pm Living with Cancer Support Group 6:30-8:00 pm	Noogie Kids Open Play 2:30-4:30 pm Living with Cancer Support Group 6:00-8:00 pm	Crafty Thursday with Nishi 1:00-3:00 pm	What's Coming Up: Camp Noogie Aug 1 & 2 Special Thanks: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.	

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Virtual

All events below will be hosted virtually on Zoom

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1</div> <div>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</div> <div>Gentle Yoga for the Soul 6:00-7:00 pm</div>	<div>2</div> <div>Living with Cancer Support Group 6:00-8:00 pm</div>	<div>3</div> <div>Qigong with Emily 1:00-2:00 pm</div> <div>Grupo Amigos Unidos 6:00-8:00 pm</div>	<div>4</div> <div>Closed</div> <div></div>	<div>5</div> <div>Closed</div>
<div>7</div> <div>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</div> <div>Living with Loss Support Group 6:00-8:00 pm</div> <div>Young Adult Support Group 6:00-7:30 pm</div>	<div>8</div> <div>Write to Heal 2:00-4:00 pm</div> <div>SIRUM Medication Donation Presentation 1:00-2:00 pm</div> <div>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</div> <div>Gentle Yoga for the Soul 6:00-7:00 pm</div>	<div>9</div> <div>Living with Cancer Support Group 6:00-8:00 pm</div>	<div>10</div> <div>Mindfulness Drop-In Group 10:15-11:15 am</div> <div>Qigong with Emily 1:00-2:00 pm</div>	<div>11</div>	<div>12</div> <div>Closed</div>
<div>14</div> <div>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</div> <div>Family & Friends Support Group 6:00-8:00 pm</div>	<div>15</div> <div>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</div> <div>Gentle Yoga for the Soul 6:00-7:00 pm</div>	<div>16</div> <div>Volunteer Orientation 2:00-3:00 pm</div> <div>Living with Cancer Support Group 6:00-8:00 pm</div>	<div>17</div> <div>Sun Protection Recommendations with La Roche Posay 3:00 pm</div> <div>Qigong with Emily 1:00-2:00 pm</div>	<div>18</div>	<div>19</div> <div>Breast Cancer Networking Group 10:00-11:30 am</div>
<div>21</div> <div>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</div> <div>Blood Cancer Networking Group 6:00-8:00 pm</div> <div>Living with Loss Support Group 6:00-8:00 pm</div>	<div>22</div> <div>Write to Heal 2:00-4:00 pm</div> <div>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</div> <div>Gentle Yoga for the Soul 6:00-7:00 pm</div>	<div>23</div> <div>Neuroendocrine Networking Group 12:00-1:30 pm</div> <div>Living with Cancer Support Group 6:00-8:00 pm</div>	<div>24</div> <div>Mindfulness Drop-In Group 10:15-11:15 am</div> <div>Qigong with Emily 1:00-2:00 pm</div>	<div>25</div>	<div>26</div> <div>Closed</div>
<div>28</div> <div>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</div> <div>Family & Friends Support Group 6:00-8:00 pm</div>	<div>29</div> <div>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</div> <div>Gentle Yoga for the Soul 6:00-7:00 pm</div>	<div>30</div> <div>Living with Cancer Support Group 6:00-8:00 pm</div>	<div>31</div> <div>Qigong with Emily 1:00-2:00 pm</div>	<div>What's Coming Up: LUNgevity Presentation Date to Come</div> <div>Special Thanks: Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret</div> <div>Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.</div>	

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CancerSupportTexas.org

Specific addresses for each support group will be shared with group members.

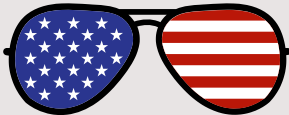

Offsite Programs in Collin and Tarrant counties



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Scan the QR code to learn more about our events and to register



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	3	4 	6 Closed
7 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	8	9 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	10 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	11	12 Tarrant County Breast Cancer Networking Group 10:00-11:30 am
14 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	15	16 Collin County Breast Cancer Networking Group 1:00-2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	17	18	19 Closed
21 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	22	23 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	24	25	26 Closed
28 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	29	30 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	31	