

November 2025



Matt Duchene's HockeyTonk presents CSCNT with generous donation

At a recent Dallas Stars game, player Matt Duchene #95 presented us with a generous check for \$50,309.94 raised through his HockeyTonk initiative. We are so thankful for Matt's support that will go toward critical mental health and social support services for North Texans with cancer and their families.

We also want to send our gratitude to Chelsea Livingston and the Dallas Stars Foundation for working with our team to help make this partnership possible.

Many thanks to NBC DFW television for highlighting this partnership in their "Something Good" segment. [Watch the video here](#)

Coming together for this good cause demonstrates the power of community and our mission to uplift and strengthen people impacted by cancer by providing support, fostering compassionate communities and breaking down barriers to care.

November Event Highlights

Friendsgiving

Dallas Clubhouse

Tuesday, November 18, 6:00 - 7:30 pm

Introduction to Chinese Wellness Arts

Dallas Clubhouse

Friday, November 7, 12:00 - 2:00 pm

Signatera Cancer Blood Test Presentation

Hybrid (Virtual & Dallas Clubhouse)

Thursday, November 13, 12:00 - 1:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



Development Manager Courtney Lyons attended the FIJI fraternity's Car Bash at the University of Texas at Dallas that raised funds for CSCNT.



We created collages using recycled materials at a recent art workshop led by CSCNT member and local artist Jane Cornish Smith.

A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because **Community is Stronger than Cancer.**

Red Tie Gala is Sold Out!

We're thrilled to announce that the Red Tie Gala on November 15 at On The Levee is SOLD OUT!

Thanks so much to our sponsors, individual ticket holders, community partners, and everyone who came through to support the event. We've been working hard since January to create a memorable, fun, and exciting experience for our guests! We cannot wait to share it all with you!

We currently have a waitlist open in case space becomes available. For more details, please contact Development Manager Courtney Lyons [here](#).

Can't make the event but still want to support North Texans with cancer and their families, [make a donation here](#)

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

1

Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



2

Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

November



CANCER SUPPORT
COMMUNITY
NORTH TEXAS

Dallas County

Scan the QR code to
learn more about our
events and to register



8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230
Hours: Monday - Friday, 9:00-5:00 pm with select evenings and Saturdays

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 What's Coming Up: Holiday Party December 12 Special Thanks: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.					1 Closed
3 Living with Loss Support Group 6:00-8:00 pm	4 Living with Cancer Support Group 6:00-8:00 pm	5	6	7 24 Form Tai Chi with Jim 10:00-11:00 am Introduction to Chinese Wellness Arts 12:00 - 2:00 pm	8 Closed
10 Living with Loss Support Group 6:00-8:00 pm	11 Palliative Care Focus Group 12:00 - 1:00 pm Volunteer Orientation 5:15-6:00 pm Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:30-8:00 pm	12	13 Teatime at the Red Door 11:00 am - 12:00 pm Clinical Utility of Signatera Cancer Blood Test Presentation 12:00 - 1:00 pm	14 24 Form Tai Chi with Jim 10:00-11:00 am Creating Peace of Mind 11:00 am - 12:00 pm	15 Closed
17 Living with Loss Support Group 6:00-8:00 pm	18 Member Interest Meeting 5:15-6:00 pm Friendsgiving 6:00-7:30 pm	19 Yoga, Breath, & Sound with Jenn* 3:00-4:00 pm Legacy of Love Support Group 4:00-5:30 pm	20 Art Workshop with Jane: Homemade Wax Cloth Covers 1:00-3:00pm	21 24 Form Tai Chi with Jim 10:00-11:00 am Bingo and Mingle 1:00-2:30 pm	22 Closed
24 Sound Bath Meditation 12:00- 1:00pm	25 Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:30-8:00 pm	26	27 Closed 	28 Closed	29 Closed

November



CANCER SUPPORT
COMMUNITY
NORTH TEXAS

Virtual

Scan the QR code to
learn more about our
events and to register



All events below will be hosted virtually on Zoom

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 What's Coming Up: Virtual Town Hall Meetings Special Thanks: Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.					1 Closed
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Young Adult Support Group 6:00-7:30 pm Living with Loss Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	Living with Cancer Support Group 6:00-8:00 pm	Qigong with Emily 1:00-2:00 pm		Closed
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Family & Friends Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm	Living with Cancer Support Group 6:00-8:00 pm	Mindfulness Drop-In Group 10:15-11:15 am Clinical Utility of Signatera Cancer Blood Test Presentation 12:00 - 1:00 pm Qigong with Emily 1:00-2:00 pm Write to Heal 2:00-4:00 pm Grupo Amigos Unidos 6:00-8:00 pm	Breast Cancer Networking Group 10:00-11:30 am	
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Blood Cancer Networking Group 6:00-8:00 pm Living with Loss Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	Living with Cancer Support Group 6:00-8:00 pm	Qigong with Emily 1:00-2:00 pm		Closed
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Family & Friends Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm	Neuroendocrine Networking Group 12:00-1:30 pm Living with Cancer Support Group 6:00-8:00 pm	Closed Happy Thanksgiving	Closed	Closed

November

Offsite Programs in Collin and Tarrant counties



Scan the QR code to learn more about our events and to register



Specific addresses for each support group will be shared with group members.

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Closed
3 Collin County Cancer Support Group 1:00-3:00 pm	4	5 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	6	7	8 Tarrant County Breast Cancer Networking Group 10:00-11:30 am
10 Collin County Cancer Support Group 1:00-3:00 pm	11	12 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	13 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	14 Collin Cancer Survivorship Event 2:00-4:00 pm	15 Closed
17 Collin County Cancer Support Group 1:00-3:00 pm	18	19 Collin County Breast Cancer Networking Group 1:00-2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	20	21	22 Closed
24 Collin County Cancer Support Group 1:00-3:00 pm	25	26 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	Closed 27 	28 Closed	29 Closed

Noviembre



CANCER SUPPORT
COMMUNITY
NORTH TEXAS

Condado de Dallas

8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Teléfono: (214) 345-8230

Horario: lunes a viernes, de 9:00 a 5:00 p. m. con noches selectas y sábados

CancerSupportTexas.org

Escanea el código QR
para conocer más sobre
nuestros eventos y
registrarte



Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
  Próximamente: Celebración del fin de año - 12 de diciembre Agradecimiento especial: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith					1 Cerrado
3	4 Yoga Suave para El Alma 6:00-7:00 pm	5	6	7	8 Cerrado
10	11 Yoga Suave para El Alma 6:00-7:00 pm	12	13 Hora del Té en la Puerta Roja 11:00 am - 12:00 pm Grupo Amigos Unidos 6:00-8:00 pm	14	15 Cerrado
17	18 Yoga Suave para El Alma 6:00-7:00 pm Friendsgiving/ Acción de Gracias 6:00-7:30 pm	19 Yoga, Respiración y Sonido con Jenn* 3:00-4:00 pm	20	21 Bingo y Socializar 1:00-2:30 pm	22 Cerrado
24 Meditación de Baño de Sonido 12:00-1:00pm	25 Yoga Suave para El Alma 6:00-7:00 pm	26	Cerrado 27 FELIZ DÍA DE ACCIÓN DE GRACIAS	28 Cerrado	29 Cerrado