

October 2025



Healthcare CFO brings power of influence to CSCNT Board

Jessica Vogt took her close friend to all of her appointments while she was undergoing breast cancer treatments. Working in healthcare, Jessica understood what questions to ask and documented everything. Along with care for her physical health, Jessica knew her friend also needed the mental health and social support that Cancer Support Community North Texas provides.

“A cancer journey is overwhelming and scary, so having support from CSCNT for the cancer patient and their family and friends is invaluable,” says Jessica, the Chief Financial Officer at BasePoint Academy and a member of CSCNT’s Board.

Along with helping her friend through cancer treatments, the late spouse of Jessica’s husband and her stepchildren’s mother had ovarian cancer, so cancer has

hit close to home. These experiences motivated Jessica to join the CSCNT Board this year.

Before joining our Board, Jessica was a member of the CSCNT Young Leadership Board. We are launching a similar young professionals Associate Board, which represents a new generation of leaders that raise awareness by organizing philanthropic initiatives to benefit our mission. For information on joining, contact Courtney Lyons at CLyons@cancersupporttexas.org.

Jessica brings the power of influence to acquire donations for the Red Tie Gala silent auction and other avenues as part of our Development Committee. She’s collected several exciting items for the gala, so attendees can look forward to learning more as we get closer to the November 15 event.

October Event Highlights

Fall Bash & Smash

Dallas Clubhouse

Saturday, October 25, 2:30 - 4:00 pm

Celebración del Día de los Muertos

Day of the Dead Celebration

Dallas Clubhouse

Wednesday, October 29, 5:00 - 7:00 pm

Art Workshop with Jane: Natural Tie-Dyeing

Dallas Clubhouse

Thursday, October 16, 1:00 - 3:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.



Families dressed up for our Hispanic Heritage Month cancer survivors celebration.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



CSCNT Board member Jessica Vogt is featured on the first page.

A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because **Community is Stronger than Cancer.**

Red Tie Gala

Act now to become a sponsor or purchase individual tickets for the Red Tie Gala, as it's almost sold out! [Learn more here](#)

The "Under the Big Top" gala on November 15 is the Greatest Show in DFW! Elevated circus theme dress-up, red carpet experience, fine-dining stations, unique new auction packages and fantastic entertainment guarantee a great evening!

Have a wonderful time while benefiting North Texans with cancer and their families with mental health and social support services.

We appreciate your support!

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

1

Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



2

Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

October



Dallas County

Scan the QR code to
learn more about our
events and to register



8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230
Hours: Monday - Friday, 9:00-5:00 pm with select evenings and Saturdays

CancerSupportTexas.org

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|---|
| What's Coming Up: Friendsgiving Party Special Thanks: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web. | | 1 | 2 | 3 | 4 |
| | | Noogie Kids Open Play 4:00-5:30 pm | | 24 Form Tai Chi with Jim 10:00-11:00 am | Closed |
| 6 | 7 | 8 | 9 | 10 | 11 |
| Living with Loss Support Group 6:00-8:00 pm | Volunteer Orientation Meeting 5:15-6:00 pm Living with Cancer Support Group 6:00-8:00 pm | Noogie Kids Open Play 4:00-5:30 pm | Teatime at the Red Door 11:00 am - 12:00 pm | 24 Form Tai Chi with Jim 10:00-11:00 am | Closed |
| 13 | 14 | 15 | 16 | 17 | 18 |
| | Member Interest Meeting 5:15-6:00 pm Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm | Yoga Breath and Sound with Jenn 3:00-4:00pm Noogie Kids Open Play 4:00-5:30 pm | Art Workshop with Jane: Natural Tie-Dyeing 1:00 - 3:00pm | 24 Form Tai Chi with Jim 10:00-11:00 am Creating Peace of Mind 11:00 am - 12:00 pm Clinical Utility of Signatera 12:00-1:00pm | Closed |
| 20 | 21 | 22 | 23 | 24 | 25 |
| Open Art Session 1:30-3:30 pm Living with Loss Support Group 6:00-8:00 pm | Living with Cancer Support Group 6:00-8:00 pm | Noogie Kids Open Play 4:00-5:30 pm | | 24 Form Tai Chi with Jim 10:00-11:00 am Game Time! 11:00 am - 12:00 pm | Fall Bash & Smash 2:30 - 4:00pm |
| 27 | 28 | 29 | 30 | 31 | |
| Sound Bath Meditation 12:00-1:00pm | Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm | Celebración del Día de los Muertos Day of the Dead Celebration 5:00-7:00pm | | 24 Form Tai Chi with Jim 10:00-11:00 am Bingo and Mingle 12:00-1:00 pm |  |

October



CANCER SUPPORT
COMMUNITY
NORTH TEXAS

Virtual

Scan the QR code to
learn more about our
events and to register



All events below will be hosted virtually on Zoom

CancerSupportTexas.org

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|
| What's Coming Up: Virtual Presentations Special Thanks: Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web. | | 1 | 2 | 3 | 4 |
| | | Living with Cancer Support Group 6:00-8:00 pm | Qigong with Emily 1:00-2:00 pm Grupo Amigos Unidos 6:00-8:00 pm | Advancements in Clinical Trials 11:00 am - 12:00 pm | Closed |
| 6 Living with Advanced Cancer Support Group 1 2:00-4:00 pm Young Adult Support Group 6:00-7:30 pm | 7 Life After Treatment Support Group 6:00-8:00 pm Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm | 8 Living with Cancer Support Group 6:00-8:00 pm | 9 Mindfulness Drop-In Group 10:15-11:15 am Qigong with Emily 1:00-2:00 pm | 10 | 11 Closed |
| 13 Living with Advanced Cancer Support Group 1 2:00-4:00 pm Family & Friends Support Group 6:00-8:00 pm | 14 Write to Heal 2:00-4:00 pm Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm | 15 Legacy of Love Support Group 4:00-5:30 pm Living with Cancer Support Group 6:00-8:00 pm | 16 Qigong with Emily 1:00-2:00 pm | 17 Clinical Utility of Signatera 12:00-1:00pm | 18 Breast Cancer Networking Group 10:00-11:30 am |
| 20 Living with Advanced Cancer Support Group 1 2:00-4:00 pm Blood Cancer Networking Group 6:00-8:00 pm | 21 Life After Treatment Support Group 6:00-8:00 pm Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm | 22 Changes in Medicare 1:00 - 2:00 pm Neuroendocrine Networking Group 12:00-1:30pm Living with Cancer Support Group 6:00-8:00 pm | 23 Mindfulness Drop-In Group 10:15-11:15 am Qigong with Emily 1:00-2:00 pm | 24 | 25 Closed |
| 27 Volunteer Orientation 12:00-1:00 pm Living with Advanced Cancer Support Group 1 2:00-4:00 pm Family & Friends Support Group 6:00-8:00 pm | 28 Write to Heal 2:00-4:00 pm Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm | 29 Living with Cancer Support Group 6:00-8:00 pm | 30 Qigong with Emily 1:00-2:00 pm | 31 HAPPY HALLOWEEN | |

October

Offsite Programs in Collin and Tarrant counties



Scan the QR code to learn more about our events and to register



Specific addresses for each support group will be shared with group members.

CancerSupportTexas.org

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---------|--|---|------------------------|---|
|  | | 1 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm | 2 | 3 | 4 Closed |
| 6 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm | 7 | 8 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm | 9 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm | 10 | 11 Tarrant County Breast Cancer Networking Group 10:00-11:30 am |
| 13 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm | 14 | 15 Collin County Breast Cancer Networking Group 1:00-2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm | 16 | 17 | 18 Closed |
| 20 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm | 21 | 22 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm | 23 | 24 | 25 Closed |
| 27 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm | 28 | 29 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm | 30 | 31 Happy Halloween! |  |