

April 2026



CSCNT Board members (pictured with Business Manager Rogie Barrow) meet for a retreat at the new Dallas Clubhouse

## Changemaker felt ‘really compelled’ to become monthly donor

Longtime CSCNT participant Shannon Daves knows every raindrop fills the bucket, and every contribution matters, which is why she joined Changemakers, our monthly giving community that launched in 2025.

“I appreciate all the CSCNT services I received over the years at no expense, and that’s not lost to me,” says Shannon, who is going through treatment for breast cancer. “I really urge others to become Changemakers– even a small amount makes a difference.”

Being a monthly donor makes sense to Shannon, who first joined CSCNT as a participant in 2018. She contributes at an amount that isn’t burdensome to

her household. Shannon was originally diagnosed with breast cancer in 2000, and the disease has progressed multiple times, creating a significant emotional and physical toll. She sees the mental health support at CSCNT as just as essential as the physical medical care.

“Talking about having advanced cancer with others who also are going through it allows me to live more fully in my daily life,” Shannon says. “I want to be fully present with my grandchildren, and that’s hard to do when you’re overwhelmed emotionally. The support from CSCNT keeps the dark place at bay so I can experience the joy of life.” **Become a Changemaker by checking “make my donation recurring” at [CancerSupportTexas.org/donate](https://CancerSupportTexas.org/donate)**

## April Event Highlights

### Grand Opening “Homecoming” Celebration Dallas Clubhouse

12404 Park Central Drive, Suite 275-S  
Saturday, April 11, 1:00 - 3:00 pm

### Minority Cancer Awareness Brunch Dallas Clubhouse

Friday, April 17, 11:00 am - 12:00 pm

### Spring Soup Social Dallas Clubhouse

Friday, April 24, 12:00 - 1:00 pm

## RSVP for ALL Events

Register through our website calendar, call the clubhouse or email [info@cancersupporttexas.org](mailto:info@cancersupporttexas.org) in advance.

## Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

## Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



Shannon Daves is featured on the first page. Pictured with her husband Paul and grandchild.



Counseling intern Ruth Sytsma and Abel Peña, Program Coordinator / Outreach Specialist, attend an adolescent symposium hosted by Mental Health America of Greater Dallas.

## Grand Opening

We're excited to host a Grand Opening “Homecoming” Celebration at our new Dallas Clubhouse on Saturday, April 11, from 1:00 - 3:00 pm! The afternoon features tailgate food and treats; crowning of CSCNT homecoming royalty; music, scavenger hunt, games and more fun for all ages! Gather as we open a new red door that allows us to better serve North Texans with cancer and their families. Please RSVP via phone at 972-630-6131 or online through the calendar at [CancerSupportTexas.org](http://CancerSupportTexas.org).

The new Dallas Clubhouse location is in the Hidden Grove building, 12404 Park Central Drive, Suite 275-S. Visitor parking is available through the building's eastside garage entrance off of Bay Drive. We look forward to seeing you there!

## 6th Annual Red Tie Gala

The sun will come out as we defy gravity at “Nights on Broadway” – our 6th Annual Red Tie Gala on November 14 at the Astoria Event Venue in Irving!

Expect a sweeping night of Broadway-worthy surprises, stunning themed attire, exceptional dining, thrilling auction packages, and unforgettable experiences that will linger long after the final curtain call.

Proceeds will benefit Cancer Support Community North Texas' critical mental health and social support programs – all while having a great time!

Become a sponsor or purchase individual tickets at [RedTieDallas.org](http://RedTieDallas.org)

# About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out via email at [info@cancersupporttexas.org](mailto:info@cancersupporttexas.org) for more information.

## **Please Be Considerate**

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

## **No Cologne, Perfume, or Tobacco**

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

# How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

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## **Membership Forms**

Fill out our contact form online using the QR code for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



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## **Meet Our Team**

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

# April



# Dallas County

Scan the QR code to learn more about our events and to register



12404 Park Central Drive, Suite 275-S, Dallas, TX 75251 | Phone: 972-630-6131  
Hours: Monday - Friday, 9:00 am - 5:00 pm, with select evenings and Saturdays

[CancerSupportTexas.org](http://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 24 Form Tai Chi with Jim 10:00 - 11:00 am	4 Closed
6 Living with Loss Support Group 6:00 - 8:00 pm	7 Living with Cancer Support Group 7:00 - 8:00 pm	8	9 Yoga, Breath, and Sound with Jenn 10:00 - 11:00 am Teatime at the Red Door 11:00 am - 12:00 pm	10	11 Grand Opening "Homecoming" Celebration 1:00 - 3:00 pm
13 Legacy of Love Support Group 6:00 - 7:30 pm Life After Treatment Support Group 6:00 - 8:00 pm	14 Volunteer Orientation 5:15 - 6:00 pm Living with Cancer Support Group 6:00 - 8:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	15	16 Art Workshop with Jane: Spring Canvas Painting Class 1:00 - 3:00 pm	17 24 Form Tai Chi with Jim 10:00 - 11:00 am Minority Cancer Awareness Brunch 11:00 am - 12:00 pm	18 Closed
20 Living with Loss Support Group 6:00 - 8:00 pm	21 Living with Cancer Support Group 6:00 - 8:00 pm	22 Teen Support Group 6:00 - 7:30 pm	23	24 Spring Soup Social 12:00 - 1:00 pm	25 Closed
27 Beyond Survival: An Integrative Nutrition Presentation 11:00 am - 12:00 pm Sound Bath Meditation 12:00 - 1:00 pm	28 Living with Cancer Support Group 6:00 - 8:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	29	30	<b>What's Coming Up: May Mental Health Awareness Month &amp; Walking Group</b>  <b>Special Thanks:</b> Tamara Luce, Ginger Benedict, Jennifer Miller, Jim Williams, Jane Cornish Smith	

# April



Virtual

Scan the QR code to learn more about our events and to register



All events below will be hosted virtually on Zoom

[CancerSupportTexas.org](http://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Living with Cancer Support Group 6:00 - 8:00 pm	2 Qigong with Emily 1:00 - 2:00 pm	3 Closed	4 Closed
		6 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Grupo Amigos Unidos 6:00 - 8:00 pm	7 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	8 Living with Cancer Support Group 6:00 - 8:00 pm	9 Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm
13 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Family and Friends Support Group 6:00 - 8:00 pm	14 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Write to Heal 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	15 Living with Cancer Support Group 6:00 - 8:00 pm	16 Qigong with Emily 1:00 - 2:00 pm	17 Breast Cancer Networking Group 10:00 - 11:30 am	18 Breast Cancer Networking Group 10:00 - 11:30 am
20 Volunteer Orientation 12:00 - 1:00 pm Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Blood Cancer Networking Group 6:00 - 7:30 pm	21 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	22 All Stages Cancer Support Group 2:00 - 4:00 pm Living with Cancer Support Group 6:00 - 8:00 pm	23 Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm	24 Closed	25 Closed
27 Beyond Survival: An Integrative Nutrition Presentation 11:00 am - 12:00 pm Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Family and Friends Support Group 6:00 - 8:00 pm	28 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Write to Heal 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	29 All Stages Cancer Support Group 2:00 - 4:00 pm Living with Cancer Support Group 6:00 - 8:00 pm	30 Qigong with Emily 1:00 - 2:00 pm	<p><b>What's Coming Up:</b> Virtual Educational Presentations</p> <p><b>Special Thanks:</b> Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret</p>	

# April

## Offsite Programs in Collin and Tarrant counties

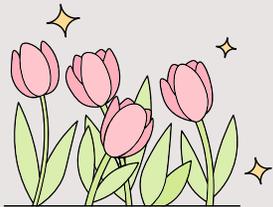


Scan the QR code to learn more about our events and to register



Specific addresses for each support group will be shared with group members.

[CancerSupportTexas.org](http://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	2	3	4 Closed
6 Collin County Cancer Support Group 1:00 - 3:00 pm	7	8 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	9 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	10	11 Tarrant County Breast Cancer Networking Group 10:00 - 11:30 am
13 Collin County Cancer Support Group 1:00 - 3:00 pm	14	15 Breast Cancer Networking Collin County 1:00 - 2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	16	17	18 Closed
20 Collin County Cancer Support Group 1:00 - 3:00 pm	21	22 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	23	24	25 Closed
27 Collin County Cancer Support Group 1:00 - 3:00 pm	28	29 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	30		

# Abril

12404 Park Central Drive, Suite 275-S, Dallas, TX 75251 | Teléfono: 972-630-6131

Horario: lunes a viernes, de 9:00 a 5:00 pm con noches selectas y sábados



Escanea el código QR para conocer más sobre nuestros eventos y registrarte



[CancerSupportTexas.org](http://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Cerrado
6	7	8	9 Hora del Té en la Puerta Roja 11:00 am - 12:00 pm Grupo Amigos Unidos 6:00 - 8:00 pm Virtual	10	11 Celebración de la Gran Inauguración: "Regreso a Casa" 1:00 - 3:00 pm
13	14	15	16	17	18 Cerrado
20	21	22	23	24 Convivencia de Sopas de Primavera 12:00 - 1:00 pm	25 Cerrado
27	28	29	30	Agradecimiento especial: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith	