

June 2025



Board Chair: ‘CSCNT knows how to ask the right questions’

Dave Ashworth understood the power of community after his wife Janet Moll was diagnosed with breast cancer.

While he could support Janet as her husband, Dave knew she needed an extended community from those who went through cancer. At the same time, he needed to connect with others whose loved ones had cancer.

“Women who also had breast cancer talked with Janet about things I could never talk about,” says Dave, who is the CSCNT Board Chair and a donor. “They discussed deeply personal issues that I wouldn’t know to ask.”

As a former Executive Vice President at Texas Health Resources, Dave also was fortunate to have healthcare professionals and fellow colleagues whose spouses had cancer that he could connect with to help guide him

through feelings of helplessness when Janet was diagnosed almost 25 years ago. While CSCNT wasn’t available at that time, Dave knows how useful our services would have been to his family.

“After a cancer diagnosis, you often are shell-shocked and don’t know what questions to ask,” Dave says. “CSCNT knows how to ask the right questions to help them be on the road they need to be on.”

With 16 years on the CSCNT Board, Dave sees the board’s role as ensuring the longevity of our organization. “I’m incredibly impressed by the Board and quite optimistic that we will be a much stronger organization with diversified revenue streams,” he says.

Read more at CancerSupportTexas.org/CSCNT-news.

June Event Highlights

Community is Stronger than Cancer Day Dallas Clubhouse

Saturday, June 28, 11:00 am - 1:00 pm

Medical Tattoos: 3D Areolas and Scar Camouflage

Dallas Clubhouse

Friday, June 20, 3:00 - 4:00 pm

Life and Estate Planning 101: Preserving Your Legacy – Protecting Your Assets Dallas Clubhouse

Wednesday, June 25, 3:00 - 4:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



CSCNT Board Chair Dave Ashworth is featured on the first page.



We hosted a Minority Cancer Awareness Brunch and shared more about the essential need for culturally competent healthcare.

A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because **Community is Stronger than Cancer.**

Host a Fundraiser

Dallas Stars player Matt Duchene sells a suite during games at American Airlines Center and gives these funds to our organization. glassybaby, which makes handblown glassware, gives a portion of proceeds to CSCNT. Plexus Worldwide hosted a one-day employee event and raised funds for CSCNT.

These are just some of the many ways you can host a fundraiser and give back to North Texans with cancer and their families. Whether it's through sharing a skill or talent, leveraging connections or hosting an event like a birthday fundraiser or community gathering, we can help bring your ideas to life.

Learn more about [how to host a fundraiser here.](#)

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

1

Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



2

Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

June

CancerSupportTexas.org

8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230
Hours: Monday - Friday, 9:00-5:00 pm with select evenings and Saturdays



**CANCER SUPPORT
COMMUNITY
NORTH TEXAS**

Scan the QR code to
learn more about our
events and to register



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Living with Loss Support Group 6:00-8:00 pm	3 Volunteer Orientation 5:00-5:45 pm Life After Treatment Support Group 1 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	4	5 Crafty Thursday with Nishi 1:00-3:00 pm	6 24 Form Tai Chi with Jim 10:00-11:00 am	7 Closed
9 Living with Loss Support Group 6:00-8:00 pm	10 Member Interest Meeting 5:15-6:00 pm Life After Treatment Support Group 2 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	11 Yoga, Breath, & Sound with Jenn* 3:00-4:00 pm	12 Teatime at the Red Door 11:00 am - 12:00 pm Game Time! 12:00-2:00 pm	13 24 Form Tai Chi with Jim 10:00-11:00 am	14 Closed
16 Living with Loss Support Group 6:00-8:00 pm	17 Life After Treatment Support Group 1 6:00-8:00 pm Living with Cancer Support Group 6:30-8:00 pm	18	19 Closed JUNE TEENTH	20 24 Form Tai Chi with Jim 10:00-11:00 am Medical Tattoos: 3D Areolas and Scar Camouflage 3:00-4:00 pm	21 Closed
23 Open Art Session 1:30-3:30 pm	24 Life After Treatment Support Group 2 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	25 Life and Estate Planning 101: Preserving Your Legacy - Protecting Your Assets 3:00-4:00 Gynecologic Cancer Networking Group 6:00-7:30 pm	26 Crafty Thursday with Nishi 1:00-3:00 pm	27 24 Form Tai Chi with Jim 10:00-11:00 am Creating Peace of Mind 11:00-12:00 pm	28 Community is Stronger Than Cancer Day 11:00 am - 1:00 pm
30	What's Coming Up: BBQ July 19 Special Thanks: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.				



June

CancerSupportTexas.org



**CANCER SUPPORT
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Virtual

Scan the QR code to
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All events below will be hosted virtually on Zoom

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</p> <p>Young Adult Support Group 6:00-7:30 pm</p> <p>Living with Loss Support Group 6:00-8:00 pm</p>	<p>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</p> <p>Gentle Yoga for the Soul 6:00-7:00 pm</p>	<p>Living with Cancer Support Group 6:00-8:00 pm</p>	<p>Qigong with Emily 1:00-2:00 pm</p> <p>Grupo Amigos Unidos 6:00-8:00 pm</p>		Closed
<p>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</p> <p>Family & Friends Support Group 6:00-8:00 pm</p>	<p>Write to Heal 2:00-4:00 pm</p> <p>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</p> <p>Gentle Yoga for the Soul 6:00-7:00 pm</p>	<p>Living with Cancer Support Group 6:00-8:00 pm</p>	<p>Mindfulness Drop-In Group 10:15-11:15 am</p> <p>Qigong with Emily 1:00-2:00 pm</p>		Closed
<p>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</p> <p>Living with Loss Support Group 6:00-8:00 pm</p> <p>Blood Cancer Networking Group 6:00-8:00 pm</p>	<p>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</p> <p>Gentle Yoga for the Soul 6:00-7:00 pm</p>	<p>Living with Cancer Support Group 6:00-8:00 pm</p>	<p>Closed</p> <p>JUNE TEENTH</p>		<p>Breast Cancer Networking Group 10:00-11:30 am</p>
<p>Volunteer Orientation 12:00-12:45 pm</p> <p>Living with Advanced Cancer Support Group 1 2:00-4:00 pm</p> <p>Family & Friends Support Group 6:00-8:00 pm</p>	<p>Write to Heal 2:00-4:00 pm</p> <p>Living with Advanced Cancer Support Group 2 2:00-4:00 pm</p> <p>Gentle Yoga for the Soul 6:00-7:00 pm</p>	<p>Neuroendocrine Networking Group 12:00-1:30 pm</p> <p>Living with Cancer Support Group 6:00-8:00 pm</p>	<p>Mindfulness Drop-In Group 10:15-11:15 am</p> <p>Qigong with Emily 1:00-2:00 pm</p>		Closed
<p>30</p>	<p>What's Coming Up: Learn How You Can Donate Unused Medicine to Patients in Need: A SIRUM Presentation, July 8</p> <p>Special Thanks: Emily Atlas, Rajani Sinha, Ron Smith and The Writer's Garret</p> <p>Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.</p> <p>HELL-Summer</p>				

June

CancerSupportTexas.org

Specific addresses for each support group will be shared with group members.

Offsite Programs in Collin and Tarrant counties



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NORTH TEXAS**

Scan the QR code to learn more about our events and to register



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4 Tarrant County Living with Advanced Cancer Support Group 2:00-4:00 pm	5	6	7 Closed
9 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	10	11 Collin County Cancer Survivorship Event 9:30-11:30 am Tarrant County Living with Advanced Cancer Support Group 2:00-4:00 pm	12 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	13	14 Tarrant County Breast Cancer Networking Group 10:00-11:30 am
16 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	17	18 Tarrant County Living with Advanced Cancer Support Group 2:00-4:00 pm	19 HAPPY JUNE TEENTH	20	21 Closed
23 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	24	25 Collin County Breast Cancer Networking Group 1:00-2:30 pm Tarrant County Living with Advanced Cancer Support Group 2:00-4:00 pm	26	27	28 Closed
30					