

August 2025



Our annual cancer survivors celebration was a great success

Board member: CSCNT services have positive ripple effect

The biggest challenge Jessica Salcido faced when going through cancer treatments was being separated from her young children. She would be at the hospital for four days at a time, regularly thinking about how this affects the kids.

The CSCNT Living with Cancer **support group** helped her work through these and other feelings, while her children received support from our Noogie kids programs.

Jessica, who is on the **CSCNT Board**, recognizes the positive ripple effect CSCNT services had in all areas of her life, including in her relationships with her children and husband, at work and with her primary caregiver, her mother. In Jessica's support group, she remembers one person who received support for how cancer created struggles in their marriage.

"The CSCNT support groups help you understand not only about cancer treatments, but also how it impacts the person," Jessica says.

Along with attending support groups, Jessica and her mother were regulars at tai chi, meditation, arts and crafts workshops and more at the clubhouse.

With so many other things to deal with when you have cancer, including the financial burden of care, Jessica says CSCNT offering our services at no cost is one less thing to worry about and removes barriers for many people. Jessica doesn't think her mother would have joined her in CSCNT activities if there were costs involved. **Generous donors** like Jessica allow us to offer our services at no cost. *Read more about Jessica [on our blog here](#).*

August Event Highlights

Kids Camp Noogie (2 days)

Aug. 1, 8:30 am - 3:30 pm, **Dallas Clubhouse**

Aug. 2, 10:00 am - 2:00 pm, **Perot Museum**

Crafty Thursday with Nishi

Dallas Clubhouse

Thursday, August 7, 1:00 - 3:00 pm

Nutrition Demonstration and Presentation

Dallas Clubhouse

Tuesday, August 19, 1:00 - 2:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



CSCNT Board member Jessica Salcido is featured on the first page.



We're thankful for our volunteers who help make our annual cancer survivors celebration and all events and activities run smoothly!

A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because **Community is Stronger than Cancer.**

Become a Changemaker

You are invited to join our Changemakers initiative, a monthly giving community. As a Changemaker, you are a part of a dedicated group of supporters who work to ensure that no one in North Texas has to go without the care and connection they need during their cancer journey.

Becoming a Changemaker is easy! Simply visit our [donate page here](#) and check the "Make my donation recurring" box.

This initiative reflects the heart of our mission and reinforces our belief that *community is the currency of change*. Whether it's \$10, \$25, or \$100, your monthly gift creates a ripple effect of support that sustains our vital social-emotional support programs and helps grow our reach throughout North Texas.

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

1

Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



2

Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

August





Dallas County

Scan the QR code to learn more about our events and to register



8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230
Hours: Monday - Friday, 9:00-5:00 pm with select evenings and Saturdays

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		What's Coming Up: Celebracion de la Sobrevivencia, September 13 Special Thanks: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.		1 Kids Camp Noogie (Day 1) 8:30 am - 3:30 pm	2 Clubhouse Closed Kids Camp Noogie (Day 2) 10:00 am - 2:00 pm Perot Museum
4 Living with Loss Support Group 6:00-8:00 pm	5 Bingo and Mingle 1:00-2:30 pm Volunteer Orientation 5:00-6:00 pm Living with Cancer Support Group 6:00-8:00 pm	6 Noogie Kids Open Play 2:30-4:30 pm	7 Crafty Thursday with Nishi 1:00-3:00 pm	8 24 Form Tai Chi with Jim 10:00-11:00 am Yoga with Deanna 11:00-11:45 am Bereavement Workshop 2:00-4:00 pm	9 Closed
11 Open Art Session 1:30-3:30 pm Living with Loss Support Group 6:00-8:00 pm	12 Member Interest Meeting 5:15-6:00 pm Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	13 Noogie Kids Open Play 2:30-4:30 pm	14 Teatime at the Red Door 11:00 am - 12:00 pm	15 24 Form Tai Chi with Jim 10:00-11:00 am Noogie Kids Open Play 10:00 am - 12:00 pm Creating Peace of Mind 11:00 am - 12:00 pm	16 Closed
18 Open Art Session 1:30-3:30 pm Living with Loss Support Group 6:00-8:00 pm	19 Nutrition Demonstration and Presentation 1:00-2:00pm Game Time! 3:00-4:30 pm Living with Cancer Support Group 6:00-8:00 pm	20 Noogie Kids Open Play 2:30-4:30 pm	21 DART Spanish Presentation 5:00-6:00pm	22 24 Form Tai Chi with Jim 10:00-11:00 am Bereavement Workshop 2:00-4:00 pm	23 Closed
25 Living with Loss Support Group 6:00-8:00 pm	26 Life After Treatment Support Group 6:00-8:00 pm Living with Cancer Support Group 6:00-8:00 pm	27 Noogie Kids Open Play 2:30-4:30 pm Gynecologic Cancer Networking Group 6:00-7:30 pm	28 Living with Loss Support Group 6:00-8:00 pm	29 24 Form Tai Chi with Jim 10:00-11:00 am Bingo and Mingle 11:30 am - 1:00 pm	30 Closed

August



CANCER SUPPORT
COMMUNITY
NORTH TEXAS

Virtual

Scan the QR code to
learn more about our
events and to register



All events below will be hosted virtually on Zoom

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>What's Coming Up: LUNgevity Presentation Date to Come</p> <p>Special Thanks: Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret</p> <p>Eventos con la marca de * indique su descripción se encuentra en español en el calendario del sitio web.</p>				1	2
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Living with Loss Support Group 6:00-8:00 pm Young Adult Support Group 6:00-7:30 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm	Living with Cancer Support Group 6:00-8:00 pm	Qigong with Emily 1:00-2:00pm Grupo Amigos Unidos 6:00-8:00 pm		Closed
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Family & Friends Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Write to Heal 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm	Living with Cancer Support Group 6:00-8:00 pm	Mindfulness Drop-In Group 10:15-11:15 am Qigong with Emily 1:00-2:00pm		Breast Cancer Networking Group 10:00-11:30 am
Living with Advanced Cancer Support Group 1 2:00-4:00 pm Blood Cancer Networking Group 6:00-8:00 pm Living with Loss Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm	Living with Cancer Support Group 6:00-8:00 pm	Qigong with Emily 1:00-2:00pm		Closed
Volunteer Orientation 12:00-1:00 pm Living with Advanced Cancer Support Group 1 2:00-4:00 pm Family & Friends Support Group 6:00-8:00 pm	Living with Advanced Cancer Support Group 2 2:00-4:00 pm Write to Heal 2:00-4:00 pm Gentle Yoga for the Soul 6:00-7:00 pm	Neuroendocrine Networking Group 12:00-1:30 pm Living with Cancer Support Group 6:00-8:00 pm	Mindfulness Drop-In Group 10:15-11:15 am Qigong with Emily 1:00-2:00pm		Closed

August

Specific addresses for each support group will be shared with group members.

Offsite Programs in Collin and Tarrant counties



**CANCER SUPPORT
COMMUNITY
NORTH TEXAS**

CancerSupportTexas.org

Scan the QR code to learn more about our events and to register



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
					Closed
4 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	5	6 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	7 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	8	9 Tarrant County Breast Cancer Networking Group 10:00-11:30 am
11 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	12	13 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	14	15	16 Closed
18 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	19	20 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm Collin County Breast Cancer Networking Group 1:00-2:30 pm	21	22	23 Closed
25 Collin County Living with Advanced Cancer Support Group 1:00-3:00 pm	26	27 Tarrant County Living with Advanced Cancer Support Group 1:30-3:30 pm	28	29	30 Closed