

March 2026



Register today for One Run 5K on March 28

Don't forget! There's still time to register to run/walk, create a team and/or become a sponsor at OneRunTexas.org.

At the One Run 5K, survivors, caregivers, families, friends, and the community come together around one powerful belief: no one should face cancer alone. Every step you take helps ensure that local individuals and families can access social and emotional support at absolutely no cost to them.

Many thanks go to our sponsors, Medical City Dallas and Tyler Technologies!

📍 When: Saturday, March 28, 2026
(8:00 am – 1:00 pm)

📍 Where: Anderson Bonner Park (12000 Park Central Drive, Dallas)

After the 5K, the fun continues with a party featuring music, dancing, free food and drinks, and lots of family friendly activities.

Thank you for stepping up, lacing up, and helping us take the scary out of cancer, one stride at a time. We can't wait to see you at the start line! Questions? Contact Development Manager Courtney Lyons [here](#).

March Event Highlights

Member Dinner

Dallas Clubhouse

12404 Park Central Drive, Suite 275-S
Tuesday, March 10, 6:00 - 7:00 pm

Daoyin and Acupressure for Your Cancer Journey

Dallas Clubhouse

Friday, March 13, 11:30 am - 1:30 pm

Hospice Care Presentation

Virtual on Zoom

Friday, March 13, 12:00 - 1:00 pm

RSVP for ALL Events

Register through our website calendar, call the clubhouse or email info@cancersupporttexas.org in advance.

Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



We appreciate our participants of all ages!



Tarrant County members created a special heart craft for Valentine's Day. They invite others to join them at the Living with Advanced Cancer support group in Fort Worth.

Clubhouse Relocation

We're excited to share that we open the red door at the new Dallas Clubhouse on Wednesday, February 25. Stay tuned for more details about a grand opening celebration happening on Saturday, April 11.

Less than 5 miles from the current clubhouse, the new location is in the Hidden Grove building, at 12404 Park Central Drive, Suite 275-S, in Dallas.

The new clubhouse offers CSCNT participants a beautiful, green courtyard; an open and bright clubhouse space; nearby walking trails; and ample parking.

We look forward to sharing this space with you!

Become a Changemaker

CSCNT's iconic red door symbolizes our goal to open new doors of opportunity, doors that lead to hope, healing, and a welcoming community for individuals and families impacted by cancer.

That's why we invite you to become a Changemaker, a member of our monthly giving community. As a Changemaker, you'll be part of a dedicated group of supporters who ensure that no one in North Texas has to go without the care and connection they need during their cancer journey.

Becoming a Changemaker is easy! Simply visit our [donate page here](#) and check the "Make my donation recurring" box. Thank you for your support!

About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event

Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out via email at info@cancersupporttexas.org for more information.

Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

1

Membership Forms

Fill out our contact form online using the QR code for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



2

Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

March



Dallas County

Scan the QR code to learn more about our events and to register



12404 Park Central Drive, Suite 275-S, Dallas, TX 75251 | Phone: 972-630-6131
Hours: Monday - Friday, 9:00 am - 5:00 pm, with select evenings and Saturdays

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Living with Loss Support Group 6:00 - 8:00 pm	3 Living with Cancer Support Group 6:00 - 8:00 pm	4	5 Wellness in Action: An Occupational Therapy Based Program 11:30 am - 1:00 pm	6 24 Form Tai Chi with Jim 10:00 - 11:00 am	7 Closed
9 Legacy of Love Support Group 6:00 - 7:30 pm	10 March Member Dinner 6:00 - 7:00PM Living with Cancer Support Group 7:00 - 8:00 pm Life After Treatment Support Group 7:00 - 8:00 pm	11	12 Teatime at the Red Door 11:00 am - 12:00 pm	13 24 Form Tai Chi with Jim 10:00 - 11:00 am Daoyin and Acupressure for Your Cancer Journey 11:30 am - 1:30 pm	14 Closed
16 Living with Loss Support Group 6:00 - 8:00 pm	17 Volunteer Orientation 5:15 - 6:00 pm Living with Cancer Support Group 6:00 - 8:00 pm	18 Yoga, Breath, & Sound with Jenn 3:00 - 4:00 pm	19 Art Workshop with Jane: Stamp & Sticker Making 1:00 - 3:00pm	20 24 Form Tai Chi with Jim 10:00 - 11:00 am	21 Closed
23 Coffee and Connect 10:00 - 11:00 am Sound Bath Meditation 12:00 - 1:00 pm	24 Living with Cancer Support Group 6:00 - 8:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	25 Teen Support Group 6:00 - 7:30 pm	26	27	28  8:00 am - 1:00 pm Sign-up at OneRunTexas.org
30	31 Clinical Trial Focus Group 12:00 - 1:30 pm Living with Cancer Support Group 6:00 - 8:00 pm				

What's Coming Up: Minority Cancer Awareness Brunch

Special Thanks: Tamara Luce, Ginger Benedict, Jennifer Miller, Jim Williams, Jane Cornish Smith

March



Virtual

Scan the QR code to learn more about our events and to register



All events below will be hosted virtually on Zoom

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm	3 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	4 Living with Cancer Support Group 6:00 - 8:00 pm	5 Wellness in Action: An Occupational Therapy Based Program 11:30 am - 1:00 pm Qigong with Emily 1:00 - 2:00 pm	6	7 Closed
9 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Family and Friends Support Group 6:00 - 8:00 pm	10 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Write to Heal 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	11 Living with Cancer Support Group 6:00 - 8:00 pm	12 Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm Grupo Amigos Unidos 6:00 - 8:00 pm	13 Hospice Care Presentation 12:00 - 1:00 pm	14 Closed
16 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Blood Cancer Networking Group 6:00 - 7:30 pm	17 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	18 Living with Cancer Support Group 6:00 - 8:00 pm	19 Qigong with Emily 1:00 - 2:00 pm	20	21 Breast Cancer Networking Group 10:00 - 11:30 am
23 Volunteer Orientation 12:00 - 1:00 pm Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Family and Friends Support Group 6:00 - 8:00 pm	24 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Write to Heal 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm	25 Living with Cancer Support Group 6:00 - 8:00 pm	26 Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm	27	28 Closed
30 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm	31 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Gentle Yoga for the Soul 6:00 - 7:00 pm				<p>What's Coming Up: Virtual Educational Presentations</p> <p>Special Thanks: Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret</p>

March

Offsite Programs in Collin and Tarrant counties



Scan the QR code to learn more about our events and to register



Specific addresses for each support group will be shared with group members.

CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Collin County Cancer Support Group 1:00 - 3:00 pm	3	4 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	5	6	7
9 Collin County Cancer Support Group 1:00 - 3:00 pm	10	11 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	12 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	13	14 Tarrant County Breast Cancer Networking Group 10:00 - 11:30 am
16 Collin County Cancer Support Group 1:00 - 3:00 pm	17	18 Breast Cancer Networking Collin County 1:00 - 2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	19	20	21 Closed
23 Collin County Cancer Support Group 1:00 - 3:00 pm	24	25 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	26	27	28 Closed
30 Collin County Cancer Support Group 1:00 - 3:00 pm	31				

Marzo

12404 Park Central Drive, Suite 275-S, Dallas, TX 75251 | Teléfono: 972-630-6131

Horario: lunes a viernes, de 9:00 a 5:00 pm con noches selectas y sábados



Escanea el código QR para conocer más sobre nuestros eventos y registrarte



CancerSupportTexas.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7 Cerrado
9	10	11	12 Hora del Té en la Puerta Roja 11:00 am - 12:00 pm Grupo Amigos Unidos 6:00 - 8:00 pm Virtual	13	14 Cerrado
16	17	18	19	20	21 Cerrado
23 Café y Conexión 10:00 - 11:00 am	24	25	26	27	28  8:00 am - 1:00 pm Regístrate en OneRunTexas.org
					<p>Agradecimiento especial: Tamara Luce, Ginger Benedict, Jennifer Miller, Julia Anderson, Jim Williams, Jane Cornish Smith</p>