



# February 2026



## New Year, New Start: Dallas Clubhouse relocation

Exciting news! Cancer Support Community North Texas is moving our current Dallas Clubhouse to a new location to better serve the needs of North Texans with cancer and their families. See a rendering of the space's entryway above.

Stay tuned for more details about when we will officially open the Red Door at the new location, which is less than 5 miles from the current clubhouse. The building is within Hidden Grove, located at 12404 Park Central Drive, Suite 275-S, in Dallas. Members will enjoy a beautiful, green courtyard; an open and bright clubhouse space;

nearby walking trails; and ample parking. While the new clubhouse is still under construction and not available for touring, please feel free to drive around and get familiar with your new clubhouse neighborhood. We will host a grand opening to celebrate this new start and hope you will attend!

Additional details will be provided as they are available via email and the CSCNT social media pages. We will operate out of the current Dallas Clubhouse on Walnut Hill Lane until further notice. If you have any questions, please send us an email at [info@CancerSupportTexas.org](mailto:info@CancerSupportTexas.org).

## February Event Highlights

**Valentine's Day Movie Matinee: "Wonka" + Sweet Treats at Dallas Clubhouse**  
 Saturday, February 14, 1:00 - 2:30 pm

**Wellness in Action: An Occupational Therapy Based Program at Dallas Clubhouse**  
 Thursdays, 12:00 - 1:00 pm, from Jan. 29 through March (Final date TBD)

**"Cancer Risks in African Americans" Presentation Virtual on Zoom**  
 Friday, February 27, 12:00 - 1:00 pm

### RSVP for ALL Events

Register through our website calendar, call the clubhouse or email [info@cancersupporttexas.org](mailto:info@cancersupporttexas.org) in advance.

### Mission

CSCNT uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

### Vision

Everyone impacted by cancer receives the support they want and need throughout their experience.



CSCNT staff tour the new Dallas Clubhouse during construction of the interior space.



Participants learned bookbinding techniques during a recent art workshop led by the wonderful Jane Cornish Smith, CSCNT member and local artist.

## A Warm Welcome

Cancer is overwhelming and disrupts lives. Community gives a sense of hopefulness. We are a relentless ally for anyone who is managing the realities of this disruptive disease. Through support groups, individual counseling, healthy lifestyle activities, social events, resources, and children's programs, you'll find the community to help you navigate your cancer experience.

Nothing takes the place of the power, inspiration, companionship, and connection that comes from community. We provide relevant and highly personalized support when and where it is needed most because Community is Stronger than Cancer.

## Register for One Run 5K

One Run, the fan-favorite 5K walk/run, is returning bigger, bolder, and more fun than ever! One Run isn't just a race ... it's a high-energy celebration of hope, courage, and community where every mile matters for North Texans impacted by cancer.

When: Saturday, March 28, from 8:00 am-1:00 pm

Where: Anderson Bonner Park in Dallas

Register today at [OneRunTexas.org](http://OneRunTexas.org), form a team, and bring the excitement in March! Sponsorships are also available on the registration website. Questions? Contact Development Manager Courtney Lyons [here](#).

# About the Calendar

Events on our calendar are color-coded as seen below. To view the full calendar of events and to register, please visit our website calendar online or by scanning the QR code on the calendar page using a mobile device.

Support & Networking Group

Healthy Lifestyle Class

Educational Presentation

Social Event      Clubhouse Tours & Volunteer Orientations

Noogieland Event (Children's Programming)

To join a support group, you must be added to the roster by a member of our team. Please reach out to via phone at 214-345-8230 or email [info@cancersupporttexas.org](mailto:info@cancersupporttexas.org) for more information.

## Please Be Considerate

If you are ill, we ask that you be considerate of fellow members whose immune systems may be compromised and visit the clubhouse when you are feeling better. Thank you!

## No Cologne, Perfume, or Tobacco

Due to members' strong reactions to smells during treatment, please do not wear cologne or perfume when at CSCNT. CSCNT is also a tobacco free environment.

# How to Become a Member

Anyone who has been touched by cancer can join Cancer Support Community North Texas. We are open for all cancer types, all ages, those with a diagnosis as well as for loved ones and support people. CSCNT brings people together who are experiencing similar situations. Whether you're looking for an understanding ear, a chance to laugh, or an informational resource, this is the place to learn how to live with cancer, whatever the outcome. All programs and services are provided at no cost to participants.

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## Membership Forms

Fill out our contact form online using the QR code or give us a call at 214-345-8230 for more information. After you complete the contact form, you will be sent a customized membership plan form. If you are an adult living with cancer or supporting someone with cancer, you also will receive a wellness screener.



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## Meet Our Team

After completing the new member paperwork, we will schedule a one-on-one meeting with you and a member of our team to review the paperwork and make recommendations about which support options might be a best fit for you. Once you have completed this process, you'll have the full benefit of membership and can attend our great offerings.

# February

8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Phone: (214) 345-8230  
 Hours: Monday - Friday, 9:00 am - 5:00 pm, with select evenings and Saturdays



## Dallas County

Scan the QR code to learn more about our events and to register



[CancerSupportTexas.org](https://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Living with Loss Support Group 6:00 - 8:00 pm	3 Living with Cancer Support Group 6:00 - 8:00 pm	4 Living with Advanced Cancer Support Group 2:00 - 4:00 pm	5 Wellness in Action: An Occupational Therapy Based Program 12:00 - 1:00 pm	6 24 Form Tai Chi with Jim 10:00 - 11:00 am	7 Closed
9 Legacy of Love Support Group 6:00 - 7:30 pm	10 Volunteer Orientation 5:15 - 6:00 pm Living with Cancer Support Group 6:00 - 8:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	11 Living with Advanced Cancer Support Group 2:00 - 4:00 pm	12 Teatime at the Red Door 11:00 am - 12:00 pm Wellness in Action: An Occupational Therapy Based Program 12:00 - 1:00 pm	13 24 Form Tai Chi with Jim 10:00 - 11:00 am Creating Peace of Mind 11:00 am - 12:00 pm	14 Valentine's Day Movie Matinee: "Wonka" + Sweet Treats 1:00 - 2:30pm
16 Living with Loss Support Group 6:00 - 8:00 pm	17 Living with Cancer Support Group 6:00 - 8:00 pm	18 Living with Advanced Cancer Support Group 2:00 - 4:00 pm Yoga, Breath, & Sound with Jenn 3:00 - 4:00 pm	19 Wellness in Action: An Occupational Therapy Based Program 12:00 - 1:00 pm Art Workshop with Jane: Holiday/Greeting Card Class 1:00 - 3:00pm	20 Closed	21 Closed
23 Sound Bath Meditation 12:00 - 1:00 pm	24 Living with Cancer Support Group 6:00 - 8:00 pm Life After Treatment Support Group 6:00 - 8:00 pm	25 Living with Advanced Cancer Support Group 2:00 - 4:00 pm Teen Support Group 6:00 - 7:30 pm	26 Wellness in Action: An Occupational Therapy Based Program 12:00 - 1:00 pm	27 24 Form Tai Chi with Jim 10:00 - 11:00 am	28 Closed

**What's Coming Up:** One Run 5K March 28 - sign-up at [OneRunTexas.org](https://OneRunTexas.org)

**Special Thanks:** Tamara Luce, Ginger Benedict, Jennifer Miller, Jim Williams, Jane Cornish Smith



# February



All events below will be hosted virtually on Zoom

[CancerSupportTexas.org](https://CancerSupportTexas.org)

Scan the QR code to learn more about our events and to register



Virtual

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm	3 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm	4 Living with Cancer Support Group 6:00 - 8:00 pm	5 Qigong with Emily 1:00 - 2:00 pm	6	7 Closed
9 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Family and Friends Support Group 6:00 - 8:00 pm	10 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Write to Heal 2:00 - 4:00 pm LGBTQ+ Focus Group 6:00 - 7:30 pm	11 Living with Cancer Support Group 6:00 - 8:00 pm	12 Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm Grupo Amigos Unidos 6:00 - 8:00 pm	13	14 <i>Happy Valentine's Day</i>
16 Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Blood Cancer Networking Group 6:00 - 7:30 pm	17 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm	18 Living with Cancer Support Group 6:00 - 8:00 pm	19 Qigong with Emily 1:00 - 2:00 pm	20	21 Breast Cancer Networking Group 10:00 - 11:30 am
23 Volunteer Orientation 12:00 - 1:00 pm Living with Advanced Cancer Support Group 1 2:00 - 4:00 pm Family and Friends Support Group 6:00 - 8:00 pm	24 Living with Advanced Cancer Support Group 2 2:00 - 4:00 pm Write to Heal 2:00 - 4:00 pm	25 Living with Cancer Support Group 6:00 - 8:00 pm	26 Mindfulness Drop-In Group 10:15 - 11:15 am Qigong with Emily 1:00 - 2:00 pm	27 "Cancer Risks in African Americans" Presentation 12:00 - 1:00pm	28 Closed

**What's Coming Up:** Virtual Educational Presentations

**Special Thanks:** Emily Atlas, Rajani Sinha, Ben Garcia, Ron Smith and The Writer's Garret



# February

## Offsite Programs in Collin and Tarrant counties



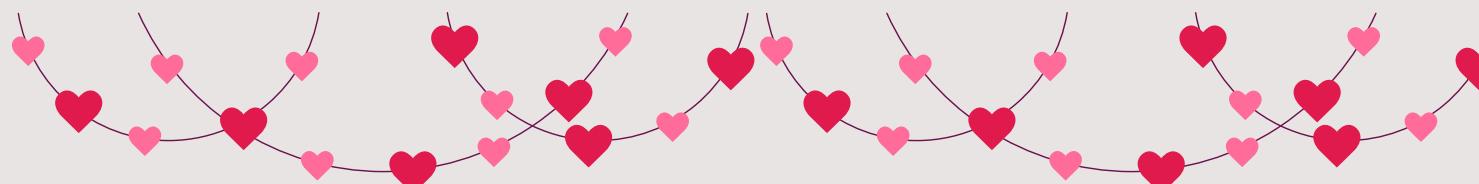
Specific addresses for each support group will be shared with group members.

Scan the QR code to learn more about our events and to register



[CancerSupportTexas.org](https://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Collin County Cancer Support Group 1:00 - 3:00 pm	3 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	4	5	6	7
9 Collin County Cancer Support Group 1:00 - 3:00 pm	10 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	11 Open Adult Support Group with CCBD at Cancer Care Services 11:00 am - 12:30 pm	12	13	14 Happy Valentine's Day Tarrant County Breast Cancer Networking Group 10:00 - 11:30 am
16 Collin County Cancer Support Group 1:00 - 3:00 pm	17 Breast Cancer Networking Collin County 1:00 - 2:30 pm Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	18	19	20	21 Closed
23 Collin County Cancer Support Group 1:00 - 3:00 pm	24 Tarrant County Living with Advanced Cancer Support Group 1:30 - 3:30 pm	25	26	27	28 Closed



# Febrero

8196 Walnut Hill Lane, LL10, Dallas, TX 75231 | Teléfono: (214) 345-8230

Horario: lunes a viernes, de 9:00 a 5:00 p. m. con noches selectas y sábados



Escanea el código QR para conocer más sobre nuestros eventos y registrarte



[CancerSupportTexas.org](https://CancerSupportTexas.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7 Cerrado
9	10	11 Hora del Té en la Puerta Roja 11:00 am - 12:00 pm Grupo Amigos Unidos 6:00 - 8:00 pm Virtual	12	13	14 San Valentín Matiné de Cine: "Wonka" 1:00 - 2:30pm
16	17	18	19	20 Cerrado	21 Cerrado
23	24	25	26	27	28 Cerrado

**Agradecimiento especial:**  
Tamara Luce, Ginger Benedict,  
Jennifer Miller, Julia Anderson,  
Jim Williams, Jane Cornish Smith

